

JUST 4 U

Easy Intermediate Partner Dance (32 Counts)

Choreographer: Mick Cook (UK) June 2002

Suggested Music: "Couldn't Last A Moment" by Collin Raye (97 BPM... 56 Count Intro)CD-Steppin'Country 5

Alternatives: "Na Mara" by The Borderers (90 BPM...64 Count/Intro) CD..."Inspired" (Dance through Bridge)

Its A Love Thing by Keith Urban (92 BPM...32 Count Intro)CD-The Most Awesome Line Dance Album 5

(Start in Right Side by side position "Sweetheart"... Facing LOD...On same foot pattern throughout)

TOE TOUCHES - HEEL TOUCHES - STEP FORWARD (LEFT & RIGHT).

- 1& Touch Left toe to Left side. Touch Left toe beside Right
- 2& Touch Left heel forward. Touch Left toe beside Right.
- 3& Touch Left toe to Left side. Touch Left toe beside Right.
- 4 Step forward on Left.
- 5& - Touch Right toe to Right side. Touch Right toe beside Left.
- 6& ' Touch Right heel forward. Touch Right toe beside Left.
- 7& Touch Right toe to Right side. Touch Right toe beside Left.
- 8 ' Step forward on Right, ' .

LEFT HEEL TOE. LEFT SHUFFLE FORWARD. RIGHT HEEL. TOE. RIGHT SHUFFLE FORWARD.

- 1-2 Touch Left heel forward. Touch Left toe back.
- 3&4 Left shuffle forward stepping, Left. Right. Left.
- 5-6 Touch Right heel forward. Touch Right toe back,
- 7&8 Right shuffle forward stepping. Right. Left. Right

FULL TURN RIGHT. LEFT SHUFFLE FORWARD. FULL TURN LEFT, RIW SHUFFLE FORWARD.

- 1 Step forward on Left turning Half turn Right. (Facing RLOD)
- 2 Step back on Right turning Half turn Right. (Facing LOD)
Arms: Counts 1-2 Above... Release Left Hands, Raise Right Hands On FuB Turn... Then Rejoin.
- 3&4 Left shuffle forward stepping, Left. Right Left
- 5 Step forward on Right turning Half turn Left. (Facing RLOD)
- 6 Step back on Left turning Half turn Left. (Facing LOD)
Arms: Counts 5 - 6 Above... Release Right Hands, Raise Left Hands On Fun Turn... Then Rejoin.
- 7&8 Right shuffle forward stepping. Right. Left Right

QUARTER TURN RIGHT. BEHIND. QUARTER TURN LEFT. ROCK & STEP BACK. COASTER STEP. KICK-BALL-TOUCH.

- 1 & Step forward on Left turning Quarter turn Right. Cross Right behind Left. (Facing OLOD)
- 2 Step Left to Left side turning Quarter turn Left. (Facing LOD)
- 3&4 Rock forward on Right. Rock back on Left. Step back on Right.
- 5&6 Step back on Left. Step Right beside Left. Step forward on Left
- 7&8 Kick Right forward. Step Right beside Left. Touch Left toe beside Right

START AGAIN